

# Double Strokes

Wrist action remains the same... Bounce!

Musical notation on a single staff showing a sequence of notes. Above the notes are hand indicators: R, L, R, L, R, R, L, L, R, R, L, L. Curved lines below the notes indicate the wrist action, showing a bounce between strokes.

Play as...

Musical notation on a single staff showing the same sequence of notes as above. The notes are now double strokes, indicated by double horizontal lines above them. Hand indicators (R, L) are placed below the notes.

Exercise 1.

Exercise 1. Musical notation in 4/4 time, consisting of two staves. The first staff has a 4/4 time signature. The notes are grouped into measures with hand indicators (R, L) below. The second staff continues the pattern with similar rhythmic groupings and hand indicators.

Exercise 2.

Exercise 2. Musical notation in 4/4 time, consisting of two staves. The first staff features eighth-note patterns with hand indicators (R, L) below. The second staff features triplet patterns (indicated by a '3' above the notes) with hand indicators (R, L) below.

Exercise 3.

Exercise 3. Musical notation in 4/4 time, consisting of two staves. The first staff has a 4/4 time signature and features eighth-note patterns with hand indicators (R, L) below. The second staff features triplet patterns (indicated by a '3' above the notes) with hand indicators (R, L) below.